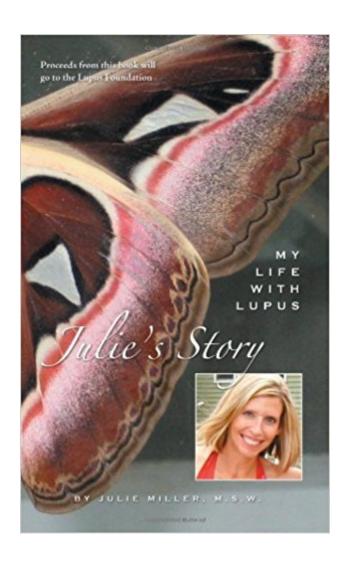


The book was found

Julie's Story, My Life With Lupus





Synopsis

Julie's Story, 'My Life With Lupus', sums up the challenges and struggles of a young woman's life in dealing with the very unpredictable disease, Lupus. Julie was a young and energetic twenty- fouryear- old woman with her whole life ahead of her. Planning the wedding of her dreams to her college sweetheart and finishing her Master's degree in Social Work, life couldn't get any better! Although life was headed in the right direction for Julie, her health had other plans. Julie began noticing vague symptoms which became bothersome to her studies. She hesitated to voice these problems due to the fact 'she looked fine on the outside'. For a year, Julie dealt with ongoing fatigue and pain which was attributed to the stress of planning a wedding and working toward a master's degree. Eventually, the symptoms worsened and Julie needed to seek medical attention. What would the doctors tell her? How would she react? Ten years later, Julie is talking about how she coped through the challenges and got through the difficult days in dealing with lupus. "Life is a rollercoaster", Julie says. "It has its ups and downs, but you just have to take one day at a time. I feel God has blessed me with Lupus, so that I can reach out to others. My life could be a whole lot worse, and I've seen a whole lot worse". Julie's Story, 'My Life With Lupus' has been written for all of those who suffer from an autoimmune disease. Especially the great friends I've made along the way. Some of the proceeds of this book will be donated to the Lupus Foundation to help find a cure for this very unpredictable, life-threatening disease!

Book Information

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Women's Health #164712 in Books > Biographies & Memoirs

Customer Reviews

Julie Miller has a Bachelor's and Master's degree in Social work which she received at Grand Valley

State University in Allendale, Michigan. She also has a minor in Psychology. Julie currently resides in Western Michigan with her husband and seven-year-old son. Julie is excited to be the facilitator for the lupus support group in her home town. She continues to deal with ongoing chronic fatigue and migraines, but is fortunate to have the life she has been given.

I received the book in very good condition. Was shipped nicely. The book deals with an issue I am dealing with also and was interesting to see how someone else is dealing with the same condition. It was good to see how well Julie was doing. I know everyone has different ways of coping and some people have more or less severe cases. It is good to educate and let people realize what Lupus is and how it can affect your life. Hope this review helps and God bless. From a fellow Lupie. :9)

My sister suffers from lupus and doesn't like to talk about it. Occasionally, I have seen what she has gone through when I visit. I just cannot imagine the constant pain lupus patients suffer. Julie's story was so hard to read and yet I flew through it. She was lucky to have family and a loving husband; my sister Julie doesn't have that. And she somehow prefers it that way. So I do what I can from a distance. I sent the book to my dad to read. I hope by this book really defining lupus there can be more help/studies to find a cure.

Excellent book and amazing woman!!!! Lupus is a debilitating disease and sometimes misunderstood. Julie makes it real and understandable. Thank you.

I feel Julie paints a very colorful picture in regards to her journey being diagnosed and living with Lupus. She is an amazing author and an amazing person to share this part of her life with others! I'm proud to know Julie!

This was a very inspiring book. If you have Lupus most people do not know what you are going through because you look fine. This book will give people an idea of what it is like to have Lupus <u>Download to continue reading...</u>

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